

## ProntoForms Corporation Announces Option Grant

OTTAWA, Ont. - November 15, 2016 - ProntoForms Corporation (TSXV: PFM), today announced, pursuant to the requirements of the TSX Venture Exchange, that it has granted options to purchase 20,000 common shares to a director of the company. The stock options form part of the overall annual remuneration package and are exercisable at \$0.315 per share, being the closing price of ProntoForms' common shares on the TSX Venture Exchange on November 11, 2016. Stock option grants are subject to necessary regulatory approvals.

### **About ProntoForms® and ProntoForms Corporation**

ProntoForms is a mobile workflow solution used by 3,000 business customers to collect, receive and submit data in the field. Available for smartphones and tablets, the ProntoForms solution incorporates a mobile device App, a Web management portal to manage teams and data flow, and provides the ability to export or connect data to the back office or to popular cloud services. The scalable solution is deployed by any size business, in any industry, to speed up business processes, raise productivity and achieve operational excellence. ProntoForms is the Frost & Sullivan winner of the North American Customer Value Leadership Award for Mobile Forms.

ProntoForms Corporation, has a powerful and proprietary patent portfolio, from which the ProntoForms mobile App and Web reporting portal have been developed. The company trades on the TSXV under the symbol PFM. ProntoForms is the registered trademark of ProntoForms Inc., a wholly-owned subsidiary of ProntoForms Corporation..

*Certain information in this press release may constitute forward-looking information. For example, statements about the Company's future growth or value are forward-looking information. This information is based on current expectations that are subject to significant risks and uncertainties that are difficult to predict. Actual results might differ materially from results suggested in any forward-looking statements. The Company assumes no obligation to update the forward-looking statements, or to update the reasons why actual results could differ from those reflected in the forward looking-statements unless and until required by securities laws applicable to the Company. Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.*